

**GOAL 1:** Each campus administrator shall create a campus-based school health advisory council (Campus Wellness Committee) to coordinate health and wellness initiatives in compliance with this policy.

**Objective 1:** The campus administrator will annually invite parents, staff, administrators, students, school nurses, child nutrition employees, and community members to be members of the wellness committee.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> <li>• The campus principal will inform the staff, students, parents and community of the existence and purpose of the School Wellness Committee.</li> <li>• The campus principal will encourage staff, students, school nurses, parents and community members to be members of the Campus Wellness Committee during campus and community events such as PTA meetings, health and wellness fairs, community events and open house.</li> <li>• The Campus Wellness Committee will meet at least four times per year.</li> </ul>	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> <li>• Annual Campus Wellness Committee Report</li> </ul> <p>Resources needed:</p> <ul style="list-style-type: none"> <li>• Campus-wide promotion through public information.</li> <li>• Professional learning to educate Wellness Committee members of the purpose and role of the Campus Wellness Committee.</li> </ul> <p>Obstacles:</p> <ul style="list-style-type: none"> <li>• Access to resources</li> <li>• Staff attrition</li> </ul>

**Objective 2:** The District will provide the tools and resources including the Wellness Policy, Wellness Regulations, and Wellness Plan to the Campus Wellness Committee to define their purpose and goals for the school year.

Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> <li>• The District will provide campus administrators a Wellness Handbook, the Wellness Plan FFA (LOCA), the Pre-Campus Wellness Survey and the Annual Campus Wellness Committee Report.</li> <li>• The District will require all campuses to complete a Pre-Campus Wellness Survey. The survey will help the Campus Wellness Committee to pre-assess compliance with Wellness Plan goals.</li> <li>• The District will require the Campus Improvement Plan (CIP) to include at least one Health and Wellness goal as identified by the Pre-Campus Wellness Survey.</li> <li>• The District will require each campus to submit an Annual Campus Wellness Committee Report at the end of the</li> </ul>	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> <li>• Pre-Campus Wellness Survey</li> <li>• Annual Campus Wellness Committee Report</li> <li>• Campus Improvement Plan</li> </ul> <p>Resources needed:</p> <ul style="list-style-type: none"> <li>• Pre-Campus Wellness Survey</li> <li>• Annual Campus Wellness Committee Report</li> <li>• FBISD Wellness Plan – FFA(Local)</li> <li>• FBISD Wellness Plan Regulations - FFA-R</li> <li>• Professional learning to educate Wellness Committee members of the purpose and role of the Campus Wellness Committee.</li> </ul>

<p>school year and submit it to the Child Nutrition Department.</p> <ul style="list-style-type: none"> <li>• The District will provide professional development and training sessions related to school wellness throughout the year.</li> <li>• The District will provide sample wellness objectives for the Campus Improvement Plan.</li> <li>• The campus administrator will encourage at least one member of the Campus Wellness Committee to serve on the campus CLBT committee.</li> </ul>	<ul style="list-style-type: none"> <li>• Sample wellness objectives for the Campus Improvement Plan.</li> </ul> <p>Obstacles:</p> <ul style="list-style-type: none"> <li>• Absence of a Campus Wellness Committee</li> <li>• Misunderstanding of the purpose and role of the Campus Wellness Committee</li> <li>• Access to resources</li> <li>• Staff attrition</li> </ul>
<p><b>Objective 3:</b> The principal will complete and submit the required Wellness Plan Surveys.</p>	
<p style="text-align: center;"><b>Action Steps</b></p>	<p style="text-align: center;"><b>Methods for Measuring Implementation</b></p>
<ul style="list-style-type: none"> <li>• The campus principal will work with the Campus Wellness Committee to review the FBISD Wellness Policy FFA(LOCAL).</li> <li>• The campus principal will work with the Campus Wellness Committee complete and submit the Pre-Campus Wellness Survey to the Child Nutrition Department.</li> <li>• The campus principal will work with the Campus Wellness Committee to complete and submit the Annual Wellness Committee Report to the SHAC district coordinator.</li> <li>• The campus principal will include Health and Wellness goals in their Campus Improvement Plan.</li> </ul>	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> <li>• Pre-Campus Wellness Survey</li> <li>• Annual Campus Wellness Committee Report</li> <li>• Campus Improvement Plan</li> </ul> <p>Resources needed:</p> <ul style="list-style-type: none"> <li>• Pre-Campus Wellness Survey</li> <li>• Annual Campus Wellness Committee Report</li> <li>• FBISD Wellness Plan – FFA(Local)</li> <li>• FBISD Wellness Plan Regulations - FFA-R</li> </ul> <p>Obstacles:</p> <ul style="list-style-type: none"> <li>• Absence of a Campus Wellness Committee</li> <li>• Access to resources</li> <li>• Staff attrition</li> </ul>

